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Wabigoni Kizis/May 2024 Issue



Anicinabe Nation of Kakinwawigak Newsletter

LPFN's Annual Community Clean-Up Day

On Earth Day, April 22nd, Amo Ososwan

School students, LPFN members. and volunteers gathered for our Annual Community Clean-Up.

Together, we worked on the beauty and safety of our community by removing potential fire hazards from public areas.

The day wrapped up with a community BBO at the community hall, where members enjoyed



a FireSmart presentation focused on safeguarding our homes. The highlight was



the LPFN Spring Clean-Up

CH41970754

Contest Participation Draw, giving participants a chance to win a Yamaha

Generator— congratulations to our lucky winner on page



Meegwetc to everyone involved, the event was a wonderful success, filled with community spirit and valuable fire safety education. Here's to committing to a safer, cleaner LPFN!

Fire Safety Tips

During our recent Community Clean-Up Day, we shared valuable FireSmart strategies to help protect our homes from wildfires.

Here are some key takeaways:

- Clear the Immediate Zone: Keep the area up to 1.5 meters around your home free of debris, leaves, and flammable materials to reduce fire risks.
- Maintain Your Yard: In the **Intermediate Zone (1.5m to** 10m from your home), use fireresistant plants and materials, and ensure trees and shrubs are well-spaced and pruned.
- Prepare the Extended Zone: Manage vegetation and remove flammable materials within 10m to 30m, creating a buffer that can slow down a wildfire.

These simple steps can significantly increase the fire safety of our community. Let's stay vigilant and prepared!



Community News

Celebrating Success at the 2nd Annual LPFN Employee Recognition Day

On April 26th, Long Point First Nation Employees came together to celebrate its 2nd Annual Employee Recognition Day. This event not only honored employees who have dedicated 5 to over 30 years of service but also integrated a lively western theme, adding a unique flair to the festivities. This year, the event was packed with themed activities like Line Dancing, Bull Riding, and Country Trivia, each offering chances to win fantastic prizes. The highlight was the mega grand prize—a trip for two to see Brooks & Dunn live in Montreal, which added extra excitement to the day.



end with the ceremony. It extended into the evening with a special performance by David Hart,

followed by late-night karaoke at Laforce Hall. The entire day was a tremendous success, filled with joy, community spirit, and celebration of our dedicated employees. and we look forward to continuing this wonderful tradition and making next year's event even more memorable.

The celebration didn't

Youth Adventure Alert

Join the Youth Raid Edition of the Raid Témiscamingue! Open to youth aged 13-17, this event challenges participants with a mix of navigation,



canoeing, zip-lining, and other physical activities across Anicinabe unceded territory. Whether as a competitor or volunteer, experience the thrill of adventure racing on September 5th, 2024. Registration is open until May 20, 2024. Need help signing up or with equipment? Contact Bradley Polson, Communications Officer at 819-722-2441, ex. 261, or visit me at the Band Office. Don't miss this opportunity to embark on an adventure of a lifetime!

Achievements:

LPFN Spring Clean-Up Contest Winner

We're proud to announce that LPFN's very own Councillor Steven Polson is the

winner of the LPFN Spring Clean-Up Contest Participation Draw, earning a Yamah Generator for him and his family's outstanding efforts. This contest was part of Long Point Fire Department's FireSmart initiative, aimed at increasing fire safety and promoting a clean environment throughout our community.

A Heartfelt Meegwetc

Meegwetc to everyone who participated, whether or not you submitted your cleanup results. Every effort helps in making LPFN safer and maintaining the beauty of our surroundings. Let's continue to embrace these practices and keep our community thriving.

Community Happenings

Health and Wellness Cente



RED DRESS DAY

Red Dress Day honours the memories of missing and murdered Indigenous women, girls and Two-Spirit relatives across Canada. The red dress movement is where red dresses are hung from windows and trees to represent the pain and loss felt by loved ones and survivors.

Join us for a walk around the community on May 5th 2024 @ II:00a.m to show our support.
Few words from our guest speaker Claudette Poucachiche @ II:45a.m after community walk.
Followed by spaghetti lunch at @ I2:00p.m in the community hall.

We ask everyone to please wear something red and for women to wear there ribbion skirts.





Sunday, May 12th

COMMUNITY HALL STARTING 11:00AM WOMEN ONLY (MOTHERS, AUNTS, KOKUMS ETC)



More events for May may be added to the Long Point First Nation Facebook Page, so keep an eye out!

MEDICAL CARDS

We are pleased to inform community members that there will be a visit from the Liasion Officer Keith. At the Health and Wellness Center on May 9th, 2024

He will be here to help those who need their forms filled.

For more information call 819-722-2440 ext. 258

Health and Wellness Center

Community Happenings

Mental Health Counselling

Counselling services are available at the Health and Wellness Centre

Contact Nate McMartin or Brandy Labine directly if you would like to book a session or if you have any questions

Next Available Dates: May 9, 10, 11

Nate McMartin, Mental Health and Addictions Resource Officer Phone/text: 705-622-9775 E-mail: natemcmartin@lpfn-aki.ca

Brandy Labine, Mental Health Counsellor Phone/text: 705-499-7824 E-mail: brandylabine@outlook.com



7:00 TO 8:00 PM

🏢 MAY 14 & MAY 22, 2024

PLEASE NOTE, THESE WILL BE MEETINGS WHERE WE IDENTIFY OUR OWN TRIGGERS AND COME UP WITH A COPING SKILLS TOOLBOX TO HELP YOU ON YOUR RECOVERY JOURNEY

FOR MORE INFO PLEASE CALL OR MESSAGE ASHLEE

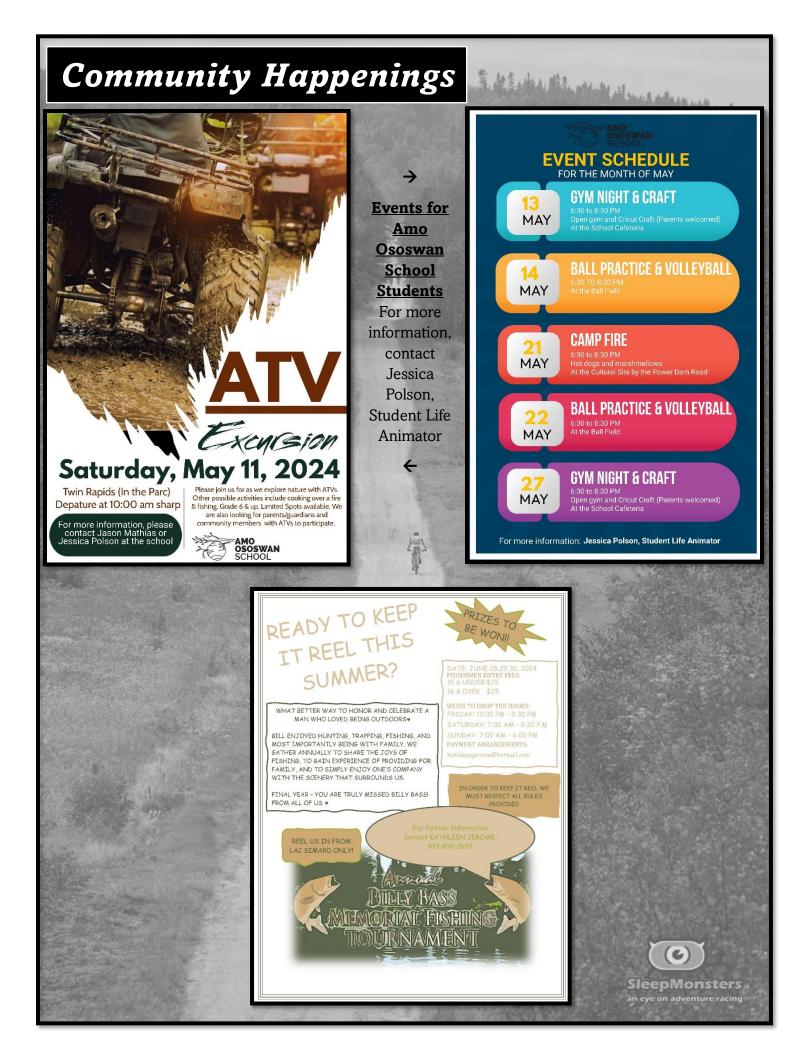
If you have upcoming event flyers or food sales for the month of June, please send by messenger or email bradleypolson@lpfn-aki.ca . Deadline is May 31st, at 4:30pm

Mental Health Professional Service

Psychologist Arlene Laliberte will be returning to the community on May 15th 2024. She will be avalible to do sessions for those in need. If you wish to see her, please contact Jasmine Osam to book your appointment.

Call 819 722 2440 ext. 258

Health and Wellness Center



Happy 9th Birthday Son/Brother!

who celebrates on May 1st from Mom(Sue-Ann), Dad(Hugo), Matteo, Esmée.

<u>Happy Birthday to my brother Merl</u>

who celebrates on May 2nd from Sylvia

Happy Birthday Sheila

who celebrates on May 6th from mom & dad

Happy Birthday Jonah

who celebrates on May 6th Love Jenna

<u>Happy Birthday Jon Jr & Harley</u>

who celebrates on May 11th from Grandpa Roy & Grandma Emily

Happy Birthday Sam!

who celebrates on May 2nd Love Brad, Sierra, nephews, & the fam

Happy Birthday to Natasha

who celebrates on May 6th from your Momma and Poppa lol 🐸

Happy Birthday to my sister Sheila

who celebrates on May 6th from Chelsea

Happy Birthday Jersey & Kinsley

who both celebrate on May 7th from Grandma Emily & Grandpa Roy

<u>Happy Birthday Roy</u>

who celebrates on May 12 from Emily

Community Wishes

Happy Birthday to my dad who celebrates on May 12th

from Chelsea



Happy Birthday Sawyor

who celebrates on May 13th love Barbara

Happy Birthday Romeo Polson

who celebrates on May 14th Love Florina

Happy Birthday Renee

who celebrates on May 16th Love always, mom!

Happy Birthday to great grandson Quincy

who celebrates on May 18th From Betsy

Happy Birthday Yvette Kudjick

who celebrates on May 13th from Karen, Dawnna and Kenny. 🔗 :

Happy Birthday Sawyor Polson

who celebrates on May 13th Love Florina

Happy Birthday Romeo

who celebrates on May 14th Love Barbara

Happy Birthday to my brother Glen Mathias

who celebrates on May 18th From Sylvia

Happy Birthday Justin

who celebrates on May 18th Love Drake, Noah and Charlotte SleepMonsters

Happy Birthday to my granddaughter SOPHIE

who celebrates on May 18th From Granma Sandra. Love her so much 🤎 🚢

Happy Birthday Tracy who celebrates on May 18th

from Tori & Brad

Happy Birthday to Aaron

who celebrates on May 25th from Kat

Happy Birthday Jeffrey Jr.

who celebrates on May 20th From DanaDawn

Happy Birthday Alex 😚

who celebrates on May 31 from Jessica

If you have birthday wishes for the month of June, please send name with birthday by messenger or email bradleypolson@lpfn-aki.ca. Deadline is May 31st, at 4:30pm

Schedules & Calendars

Collection Calendar 2024

For more information, contact the Public Works Manager at (819)722-2441 ex. 239

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Community Notices

& Opportunities

State Street adver



Public Notice

To: Members of LPFN

From: LPFN Natural Resources Department

Date: April 30, 2024

Re: Consultation Meeting Invitation – Harmonization on Forestry cuts

You are cordially invited to participate in a crucial consultation meeting organized by the LPEN Natural Resource Department regarding proposed forest cuts within our traditional territory.

This meeting is scheduled for May 8, 2024, from 1 P.M. to 4 P.M. at the community hall.

At the heart of our community's values lies a deep respect for our land and its resources. As such, your input is invaluable in shaping the forest management plans proposed by the *Ministère des Ressources Naturelles et de la Forêt* (MRNF). We understand the significance of this matter and aim to facilitate a robust discussion to address your comments, concerns, and preferences effectively.

Prior to the meeting, detailed maps and information pertaining to the proposed cuts will be available at the Natural Resource office. We encourage all interested parties to familiarize themselves with this information beforehand. Additionally, our team is available for home visits to accommodate those unable to attend the meeting.

Of particular importance to us are the perspectives of land users who frequent the areas targeted for management, such as <u>hunters</u>, <u>fishermen and any other traditional use</u>. Your firsthand knowledge and experiences are vital in ensuring that the proposed plans align with the sustainable practices of our community.

During the meeting, names will be collected for a chance to win prizes, fostering engagement and participation throughout the session.

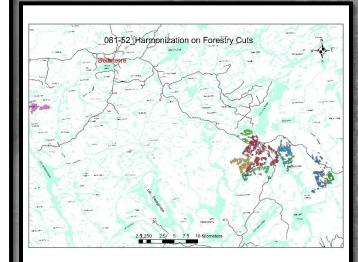
Should you require further information or have any inquiries, please do not hesitate to contact the Natural Resources Office at 819-722-2441, ext. 255, or 819-722-2005.

Your active involvement is crucial in shaping the future of our forests, and we look forward to your valuable contributions.

Meegwetc.

LPFN Natural Resources Department





ENHANCE YOUR SKILLS, ENSURE OUR SAFETY! LPFN FIREFIGHTER TRAINING

JOIN US FOR A SPECIALIZED FIREFIGHTER TRAINING SESSION, TAILORED TO Refine the skills of Winneway's brave firefighters and officers.

NOTE: THIS SESSION, BASED ON NFPA 1001, SERVES AS SKILL MAINTENANCE AND IS IDEAL FOR Those seeking a refresher. This training does not confer firefighter1 certification.

TTTT DATES: MAY 28TH & 29TH,2024

TRAINING INCLUDES: - HEALTH AND SAFETY PROTOCOLS - BUILDING AND FIRE SIZE UP TECHNIQUES - MASTERY OF INCIDENT COMMAND SYSTEMS - ACCOUNTABILITY & COMMUNICATIONS

- GEOGRAPHICAL SECTORS AND SCENE Control - Advanced hydrant operation - Techniques for Forward and Reverse Lay - Strategic Vehicle Positioning and Attack Lines

LIMITED AVAILABILITY: ONLY 3 SPOTS LEFT!

FOR MORE DETAILS OR TO REGISTER, CONTACT DEREK MATHIAS AT 819-629-7429

Name	#	Title	Email ending @lpfn-aki.ca
Administration Office		819-722-2441/819-722-2933	
Bradley Polson	261	Communications Officer	bradleypolson
Chelsea Polson	226	Director of Housing	chelseapolson
Daniel Rodrigue		Finance Comptroller	danrodrigue
Diana Polson	256	Human Resources Advisor	dianapolson
Donny Jerome		Project Manager Housing Construction	donnyjerome.lpfn@gmail.com
Gabriel Rodgers	247	Economic Development Officer	gabrielrodgers
Henry Rodgers	228	Chief	henryrodgers
Jean Vicaire		Strategic Development Advisor Public Security	jeanvicaire
Jerry Polson	317	Director CLSR	jerrypolson
Marsha Mathias	225	Executive Assistant	marshamathias
*Vacant	223	Community Housing Manager	
Marielle Rannou	249	Director of Finance	mariellerannou
Marlene Mathias	221	Receptionist	
*Vacant	263		
Nancy Gauthier	258	Accounts Payable Clerk	nancygauthier
Public Works Garage	242		
Venuste Kayiranga	224	Finance Comptroller	venustekayiranga
Shannon McLaren	234	Accounts Payable Clerk	shannonmclaren
Sharon Hunter	227	Executive Director	sharonhunter
Board Room	237	Council Boardroom	
Roxanne Charbonneau	262	Payroll Clerk	roxannecharbonneau
Shawn Polson-Rodrigue	229	Finance Assistant	shawnrodrigue
Community Services	#	819-722-2441	
Kathy St-Denis	233	Social Assistance Manager	kathystdenis
Kathleen Jerome	239	Public Works Manager	kathleenjerome
LeeAnne Chief	233	Social Assistance Assistant	lee-ann.chief
Linda P. Hunter	241	Employment & Training Service Centre Manager	lindaphunter
Liza Charbonneau	222	Community Services Director	lizacharbonneau
Precious Hunter	250	Employment Counsellor	precioushunter
Reception	310		
Sylvia Mathias	257	Janitor Supervisor	sylviamathias
Gerald Hunter	311	Waste Management	geraldhunter
		Coordinator	COST CONTRACTOR AND CONTRACTOR OF T
Natural Resources:	#	819-722-2441	
Joseph Lariviere	251	Project Manager – Mining	josephlariviere
Linda McMartin	252	GIS Technician	lindamcmartin
Nelson King	255	Forestry Manager	nelsonking
lsabelle Brûlé	254	Strategic Development Advisor	isabellebrule
		Natural Resources &	
		Sustainable Development	
*Vacant		Director of Natural Resources	
Health & Wellness Center:	#	819-722-2440	
Adam Hunter	223	Director of Health and Wellness	hunteradam
Ashlee Chevrier	227	Interim NNADAP Coordinator	ashleechevrier
Cathie Drolet	228	Community Health Nurse	cathiedrolet
Chantal Dumulon	248	Community Health Nurse	chantaldumulon
Colette Pichette	222	Manager Mino Madizi Abinodjish,	colettepichette
Darren Mathias	244	Mino Madizi Anikodadiwin Medical transportation –	darrenmathias
		Assistant	
	228	Community Health Nurse	isabelleleonard
Isabelle Léonard Jackee Polson Jasmine Osam	228 254 258	Community Health Nurse Manager – Health & Wellness CHR	isabelleleonard jackeepolson jasmineosam

Contact

Monique Buckner	221	Receptionist	moniquebuckner	
Nancy Gaudet	230	Home Care Coordinator	nancygaudet	
Nathan McMartin	256	Mental Health and Wellness	nathanmcmartin	
Samantha Mathias	243	Jordan's Principle Coordinator	samanthamathias	
Sylvie Bernier	247	Nurse in Charge	sylviebernier	
Sylvie Savard	233	Medical Transportation	medicaltransportation	
		Coordinator		
First Line Services:	#	819-722-2034		
April Polson	222	Social Services Manager	aprilpolson	
Chassidy Polson	221	Administrative Assistant	chassidypolson	
Danis Polson	225	Family Outreach Worker	danispolson	
*Vacant		Activity Coordinator		
Sabrina McLaren	224	Mobilization worker	sabrinamclaren	
Sheila P. Mathias	223	Case Manager	sheilamathias	
Sky Polson	228	First Nations Representative	skypolson	
Education:	#	819-722-2026		
Alexia Pichette		Coordinator	alexiapichette	
		Before and After School		
		Services		
April Wabie	222	Vice-Principal	april.wabie	
Jason Mathias		Cultural Program Officer	jasonmathias	
Jessica Polson	227	Student Life Animator	jessicapolson	
Judith Pichette		Educational Program Officer	judithpichette	
Leonard Polson	224	Director of Education	leonardpolson	
Maio Lin Urban		Administration Technician		
Neal Allan		Curriculum Developer		
Pamela P. Polson	222	Principal	pamela.p.polson	
Tori Polson	227	Interim Post-Secondary	Toripolson	
		Coordinator		
Viana Polson	221	Receptionist		
*Vacant		Project Development Officer		
Adult Education:	#	819-722-2221/722-2027		
Tracy McLaren		Human Resources Technician	tracymclaren	
Valerie Mathias		*Interim Adult Education	valeriemathias	
		Coordinator		
Radio Station:	#	819-722-2799		
Elvis Chief		Radio Broadcaster	elvischief	
		Anicinabemowin Minikanan		
		Kitige Language project		
Jenna Chief		Radio Broadcaster	jennachief	
Jesse Chief		Coordinator	jessechief	
		Anicinabemowin Minikanan		
		Kitige Language project		
Tammy Maranda		Radio Broadcaster	tammymaranda	
		Anicinabemowin Minikanan		
		Kitige Language project		
Elders Center	#	819-722-2365 Elders Coordinator		
Rosaline Mathias				



LONG POINT FIRE DEPARTMENT EMERGENCY PHONE NUMBERS

LONG POINT FIRE DEPT.	->	FIRE HALL: <u>(819) 722-2055</u>
DEREK MATHIAS	->	CELL: <u>(819) 629-7429</u> HOME: <u>(819) 722-2822</u>
STEVEN POLSON	->	CELL: <u>(819) 354-1674</u>
KATHLEEN JEROME	->	CELL: <u>(819) 859-2655</u>
GABRIEL RODGERS	->	CELL: <u>(819) 702-2684</u>

"FIGHTING FIRE BEGINS WITH PREVENTION"

Jackee Polson 254 Manager – Health & Wellness jackeej Jasmine Osam 258 CHR jasmini Lynda Acree 253 Community Health Nurse lynda



<u>**310-4141**</u> or <u>***4141**</u> for direct, emergency access.</u> <u>**629-2356**</u> for Ville-Marie detachment (non-emergency).

Contact Information Bradley Polson Long Point First Nation Communications Officer 819-722 2441 ex. 313 bradleypolson@lpfn-aki.ca